

During treatment the outer layer is brought to the freezing point. This causes expansion and break down of old skin cells and stimulates the growth of new health cells. This effect is well understood as the basis for laser treatments and chemical peels. With Whole Body Cryotherapy the effects are much gentler and benefit the whole body, not just one small area.

The skin disorders best treated by Whole Body Cryotherapy include cellulite, psoriasis and dermatitis. In addition to cellulite, dermatitis and psoriasis, Whole Body Cryotherapy can offer benefits to several other skin conditions. The Skin Improvement Protocol or individual treatments can be applied with benefit to the following conditions:

Sunburn

Heat Rash

Viral exanthema

Urticarial

Angioedema

Eczema

Rosacea

Recurrent staph infections

Stasis dermatitis

Pressure sores



The following protocols will enable Whole Body Cryotherapy treatment center to immediately offer packages of service for the clients to benefit in Anti-aging and skin conditions.

The protocols will provide materials to educate the operators in proper numbers and timing of WBC treatments. The protocols will also provide useful adjunctive interventions including dietary changes and supplement regimes to achieve maximum overall health.